

Mighty Mississinewa Triathlon

September 7, 2019



MISSISSINEWA MIGHTYTRI

Triathlon Information:

We look forward to your participation in the 13th Annual Mighty Mississinewa Triathlon. Enclosed is information that we hope you will find useful in providing a positive experience for you. Proceeds for this event are donated to the Friends of Upper Wabash Interpretive Services to support services and programs for future generations to use and enjoy at Mississinewa Lake, Indiana Department of Natural Resources (IDNR).

Peru, Indiana
Saturday, September 7, 2019 8:30 AM (Eastern Daylight Savings Time)

Park or Race Questions? Contact the Administrator

Contact: Larry A. Brown
Phone: 765-473-6528
Email: lbrown@dnr.IN.gov
Website: www.dnr.IN.gov/uwis/

Location

The Miami State Recreation Area at Mississinewa Lake is the host site, which is located on the southwest end of Mississinewa's property. The lake is located 8 miles southeast of Peru or 9 miles east of US31 on Miami County Road 500 S., 4673 S 625 E, Peru, IN 46970

USAT

Membership is not required for this event as it is not USAT sanctioned.

Chip Timing

Chip timing results will be posted on <http://mightymississinewatriathlon.itsyourrace.com/>
Individual times for the run, bike and swim will also be available. Transition times are not factored out.

Registration

There is a limit of 400 entries. There will be SAME DAY registration with additional \$10 fee, if space is still available. T-shirt by Aug. 29 \$7; upgrade to a dry-fit shirt for \$12.

Teams

Team captains must complete the registration for all team members and be responsible for furnishing all team members with information and payment for the entire team. Be sure to list the team members in order as to the swim, bike, and run. Teams can consist of 2 or 3 members of any sex and combination. There will be Men's, Women's and Co-ed divisions.

PHOTO ID

ALL TRIATHLETES MUST SHOW PHOTO ID TO PICK UP THEIR PACKET TO RACE, unless prior arrangements have been made.

Packet Pickup

Packets may be picked up at the Miami Recreation Area Office on Friday, September 6th from 8:30 am -8:00 pm and Saturday morning, September 7th from 7:00-7:30 am at the event area. Arrive early. YOU MUST SHOW PHOTO ID.

Mandatory Safety Meeting

Begins at 7:50 am and will last 10 minutes.

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Transition Area

The transition area will be supervised. Only the participants will be able to be in the transition area, and will be the only ones to pick-up the bike and equipment. You must have your body ID match up with your bike ID number.

Race Course Characteristics

Triathlon – Olympic Distance *Start Time 8:30 am

Swim- 1500 meters: (2 Loops) Provided color swim caps must be worn. Two corners out across and back, 6+ waves staggered, wet suits may be used. Water temperature can be found our Facebook page. @mightytri

Bike 40K: (2 Loops) On county roads out and back with four dam crossings. Bike helmets must be strapped at all times before-during-after the race to prevent disqualification. You must furnish your own water on the bike course.

Run-10K: (2 Loops) Trail course, some rolling hills and well-maintained trails and asphalt. Runners must wear the race number in front. There will be 3 water stations on the run course.

Triathlon – Sprint Distance *Start Time 8:40 am

Swim- 750 meters: Provided color swim caps must be worn. Two corners out across and back, 6+ waves staggered, wet suits may be used. Water temperature can be found our Facebook page. @mightytri

Bike 20K: North loop on county roads out and back with two dam crossings. Bike helmets must be strapped at all times before-during-after the race to prevent disqualification. You must furnish your own water on the bike course.

Run-5K: Trail course, some rolling hills and well-maintained trails and asphalt. Runners must wear the race number in front. There will be 3 water stations on the run course.

Aqua Bike *Start Time 8:40 am

Swim- 750 meters: Provided color swim caps must be worn. Two corners out across and back, 6+ waves staggered, wet suits may be used. Water temperature can be found our Facebook page. @mightytri

Bike 20K: Loop on county roads with all right hand turns and 5 course safety stations. Bike helmets must be strapped at all times before-during-after the race to prevent disqualification. You must furnish your own water on the bike course.

Awards

Grand prize awards presented to female and male winners. First to third place awards given to teams and five year age groups male and female winners.

Kids run

Free. Begin at 8:10 am, ¼ mile, ages 10 and under, 11- 14, awards, same location as triathlon run uphill from beach.

The Beach Pavillion and Food Concession is open.

Indoor showers and restrooms open for your convenience at the event site.

Recreation Area Entrance

Triathlon participant's vehicle entrance fees are waived; all other vehicles will pay the \$7.00 entrance fee, \$9.00 out of state vehicles.

Post-Race Party

We will hold a post-race cookout beginning at 10:45 am on race day, Saturday September 7th, 2019. Athletes eat free; additional meals can be purchased for \$6; there will be a \$20 meal option for a family of 4.

Parking

Parking is conveniently located adjacent to the event site. Traffic will be allowed to come and go immediately before and after the event.

Other Interests

Camp sites, Camping Cabins, Boating, Skiing, Fishing, Trails, and Concession Stand are all available to guests for a cost. Bring the family. The Dam to Dam ride will be held on Sunday September 8 in Wabash IN and will begin at the YMCA. Athletes are encouraged to participate in both events.

Learn more at <http://visitwabashcounty.com/centuryride/index/2-2/>

Bike check and repair

Breakaway Bike & Fitness Shop will make minor repairs and have some equipment for sale. Have your bike in racing condition when you arrive. HELMETS ARE MANDATORY. Have your own water bottle for the bike portion. (Recumbent bikes may be used but will not be eligible for awards and prizes.)

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Lodging

Lodging is available locally in the city of Peru, approximately 10 miles away.

Cancellation

In the event of cancellation, no refunds will be made. Entries are not transferable or exchangeable.

Race Results

Race results will be posted at the race, and on websites: <http://mightymississinewatriathlon.itsyourrace.com>

Race Evaluations

Athletes are encouraged to complete the event evaluation form (located in the food area at the property) in order to help us improve this event.

Questions? Contact the Race Director

Larry A. Brown at lbrown@dnr.IN.gov

Further Directional Information

- Located in north central Indiana. 65 miles north of Indianapolis, 65 miles east of Lafayette, and 65 miles southwest of Fort Wayne.
- From Northwest Indiana: US31 South continue 5 miles on 31 past US24/Peru to 500S (If you reach Grissom, you went past 500S). East(Left) 9.5 miles on 500S across 19, Miami State Recreation Area on left.
- From North: US15 South into Wabash to 13.
South(Right) on 13 through Wabash, stay on 13 bearing right approx 3.5 miles to 124.
West(Right) 5.5 miles on 124 to 675W.
South(Left) 1 mile on 675W to Mississinewa Dam Road.
West(Right) 1 mile on Mississinewa Dam Road continue across dam to 550E.
South(Left) 1 mile on 550E to 500S.
East(Left) 1.25 miles on 500S, Miami State Recreation Area on left.
- From Northeast Indiana: US24 West to Wabash to 13.
South(Left) on 13 through Wabash, stay on 13 bearing right approx 3.5 miles to 124.
West(Right) 5.5 miles on 124 to 675W.
South(Left) 1 mile on 675W to Mississinewa Dam Road.
West(Right) 1 mile on Mississinewa Dam Road continue across dam to 550E.
South(Left) 1 mile on 550E to 500S.
East(Left) 1.25 miles on 500S, Miami State Recreation Area on left.
- From Southwest Indiana: US31 North continue 1 mile past Grissom Air Reserve Base to 500S.
East(Right) 9.5 miles on 500S across 19, Miami State Recreation Area on left.
- From South /Southeast Indiana: US13 North to Highway 18.
West(Left) 5.5 miles on 18 through Converse to 19.
North(Right) 9.5 miles on 19.
East(Right) 2.5 miles on 500S, Miami State Recreation Area on left.