

Mighty Mississinewa Triathlon

September 7, 2019



MISSISSINEWA MIGHTYTRI

Triathlon Information:

We look forward to your participation in the 13th Annual Mighty Mississinewa Triathlon presented by OPS, Optimum Performance Sports. All proceeds from this event are donated to the Friends of Upper Wabash Interpretive Services and utilized to support park services and programs at Mississinewa Lake, Indiana Department of Natural Resources (IDNR). A portion of the funds are also dedicated to the Mad Anthony's Children's Hope House in Fort Wayne IN, a caring place for families of critically ill children.

Peru, Indiana

Saturday, September 7, 2019 8:30 AM (Eastern Daylight Savings Time)

Park Questions/Race Questions? Contact the Administrator

Contact: Larry A. Brown
Phone: 765-473-6528
Email: lbrown@dnr.IN.gov
Website: www.dnr.IN.gov/uwis/

Location

The Miami State Recreation Area at Mississinewa Lake is the host site, which is located on the southwest end of Mississinewa's property. The lake is located 8 miles southeast of Peru or 9 miles east of US31 on Miami County Road 500 S., 4673 S 625 E, Peru, IN 46970

USAT

Membership is **NOT** required in 2018 as this is a not a USAT sanctioned event.

Chip Timing

Chip timing results will be posted on <http://mightymississinewatriathlon.itsyourrace.com/>
Individual times for the run, bike and swim will also be available. Transition times are not factored out.

Registration

There is a limit of 400 entries. There will be SAME DAY registration for an additional \$10 fee, if space is still available. Event t-shirt is guaranteed up to August 28, 2019 at midnight. You may upgrade your event t-shirt to a dry-fit shirt for \$7. All upgrades must be made at the time of registration.

Teams

Team captains must complete the registration for all team members and be responsible for furnishing all team members with information and payment for the entire team. Be sure to list the team members in order as to the swim, bike, and run. Teams can consist of 2 or 3 members of any sex and combination. There will be Men's, Women's and Co-ed divisions.

Divisions

Only those who sign up as Elite go in Wave 1. Only those in the Elite wave can win the overall male or female, 1st, 2nd, and 3rd grand prize Elite wave participants cannot win age group awards. Similarly, someone racing age group cannot win an overall award, just age group. (If you choose a special division, you will forfeit any age group prize for which you might have qualified.) There will not be Clydesdale and Athena divisions in 2019.

PHOTO ID

ALL TRIATHLETES MUST SHOW PHOTO ID TO PICK UP THEIR PACKET TO RACE, unless prior arrangements have been made.

Packet Pickup

Packets may be picked up at the Miami Recreation Area Office on Friday, September 6th from 8:30 am -8:00 pm and Saturday morning, September 7th from 7:00-7:30 am at the event area. Arrive early. YOU MUST SHOW PHOTO ID.

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September 7, 2019



Mandatory Safety Meeting

Begins at 7:50 am and will last 10 minutes.

Transition Area

The transition area will be in the parking lot for the 2019 race again and will be supervised. Only the participants are allowed in the transition area, and will be the only ones to pick-up their bike and equipment. You must have your body ID match up with your bike ID number.

Race Course Characteristics

Triathlon - Olympic Distance *Start Time 8:30am

Swim- 1,500 meters: (2 Loops) Provided color swim caps must be worn. 6+ waves staggered, wet suits may be used. Water temperature can be found our Facebook page. @mightytri

Bike 40K: (2 Loops) North loop on county roads out and back, with four dam crossings. Bike helmets must be strapped at all times before-during-after the race to prevent disqualification. You must furnish your own water on the bike course.

Run-5K: (2 Loops) *Same Trail Course for 2019, some rolling hills, well-maintained trails and asphalt. Runners must wear the race number in front. There will be 3 water stations on the run course.

Triathlon - Sprint Distance *Start Time 8:40am

Swim- 750 meters: Provided color swim caps must be worn. 6+ waves staggered, wet suits may be used. Water temperature can be found our Facebook page. @mightytri

Bike 20K: North loop on county roads out and back, with two dam crossings. Bike helmets must be strapped at all times before-during-after the race to prevent disqualification. You must furnish your own water on the bike course.

Run-5K: *Same Trail Course for 2019, some rolling hills, well-maintained trails and asphalt. Runners must wear the race number in front. There will be 3 water stations on the run course.

Aqua Bike *Start Time 8:40am

Swim- 750 meters: Provided color swim caps must be worn. 6+ waves staggered, wet suits may be used. Water temperature can be found our Facebook page. @mightytri

Bike 20K: North loop on county roads out and back, with two dam crossings. Bike helmets must be strapped at all times before-during-after the race to prevent disqualification. You must furnish your own water on the bike course.

***Athletes will finish at finish line.**

Awards and Prizes

Grand prize awards presented to female and male 1st, 2nd, and 3rd place elite winners. First place awards given to five year age groups male and female winners.

Kids run

Free. **Begin at 8:10 am**, ¼ mile, ages 10 and under, 11- 14, awards, same location as triathlon.

The Beach House

Indoor showers and bathrooms are available for your convenience.

Recreation Area Entrance

Triathlon participant's vehicle entrance fees are waived; all other vehicles will pay the \$7.00 entrance fee, \$9 out of state vehicles.

Camping

"Athletes and their families are welcome to camp near the start/finish in the designated youth primitive camping area for **FREE**. Campsite selection is first come first serve. There will be limited fire rings available and picnic tables for camping use. We ask that all guests respect the area by cleaning their camp site and ensuring no trash is left behind. Showers will be open and available for use in a nearby location. For questions please contact

[Larry Brown](mailto:lbrown@dnr.IN.gov) at lbrown@dnr.IN.gov"

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September 7, 2019



Post-Race Party

We will hold a post-race cookout 10:00am on race day, Saturday September 7, 2019. Athletes eat free; additional meals can be purchased by spectators.

Parking

Parking is conveniently located near the event site. Traffic will be allowed to come and go before, during and after the event.

Other Interests

Camping is free to athletes and their families on September 6th and 7th. Camp sites, Camping Cabins, Boating, Skiing, Fishing, Trails, and concession stand are all available to guests for a cost. Bring the family. The Dam to Dam ride will be held on Sunday September 9th in Wabash IN and will begin at the YMCA. Athletes are encouraged to participate in both events. Learn more at <http://visitwabashcounty.com/centuryride/index/2-2/>

Bike check and repair

Breakaway Bike & Fitness Shop will make minor repairs and have some equipment for sale. Athletes should have their bike in racing condition when they arrive. HELMETS ARE MANDATORY. Athletes must have their own water bottle for the bike portion. (Recumbent bikes may be used but will not be eligible for awards and prizes.)

Lodging

Lodging is available locally in the city of Peru, approximately 10 miles away. Athletes are welcome to camp for free at the park in the Youth Camping area near the start/finish.

Cancellation

In the event of cancellation, no refunds will be made. Entries are not transferable or exchangeable.

Race Results

Race results will be posted at the race, and on websites: <http://mightymississinewatriathlon.itsyourrace.com>

Changing Swim Waves

If you feel and have evidence that you may be a potential overall race winner, you may contact the race director at least TWO DAYS BEFORE THE RACE to request a change to the first wave.

Race Evaluations

Athletes are encouraged to complete the event evaluation form (located in the food area at the property) in order to help us improve this event. A paper survey will be included in athlete packets and an electronic survey will be sent via constant contact shortly after the 2019 race.

Questions? Contact the Race Director

Larry A. Brown at lbrown@dnr.IN.gov

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September 7, 2019



Further Directional Information

- Located in north central Indiana. 65 miles north of Indianapolis, 65 miles east of Lafayette, and 65 miles southwest of Fort Wayne.
- From Northwest Indiana: US31 South continue 5 miles on 31 past US24/Peru to 500S (If you reach Grissom, you went past 500S). East(Left) 9.5 miles on 500S across 19, Miami State Recreation Area on left.
- From North: US15 South into Wabash to 13.
South(Right) on 13 through Wabash, stay on 13 bearing right approx 3.5 miles to 124.
West(Right) 5.5 miles on 124 to 675W.
South(Left) 1 mile on 675W to Mississinewa Dam Road.
West(Right) 1 mile on Mississinewa Dam Road continue across dam to 550E.
South(Left) 1 mile on 550E to 500S.
East(Left) 1.25 miles on 500S, Miami State Recreation Area on left.
- From Northeast Indiana: US24 West to Wabash to 13.
South(Left) on 13 through Wabash, stay on 13 bearing right approx 3.5 miles to 124.
West(Right) 5.5 miles on 124 to 675W.
South(Left) 1 mile on 675W to Mississinewa Dam Road.
West(Right) 1 mile on Mississinewa Dam Road continue across dam to 550E.
South(Left) 1 mile on 550E to 500S.
East(Left) 1.25 miles on 500S, Miami State Recreation Area on left.
- From Southwest Indiana: US31 North continue 1 mile past Grissom Air Reserve Base to 500S.
East(Right) 9.5 miles on 500S across 19, Miami State Recreation Area on left.
- From South /Southeast Indiana: US13 North to Highway 18.
West(Left) 5.5 miles on 18 through Converse to 19.
North(Right) 9.5 miles on 19.
East(Right) 2.5 miles on 500S, Miami State Recreation Area on left.